

Frankenstein Cupcakes



Dessert

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Preparation time: 30minutes

Cooking time: 25 minutes

Makes: 12 Cupcakes

Ingredients

125ml (1 bottle) Renastep
150g soft butter
150g golden caster sugar
2 Beaten eggs
200g self-raising flour
½ tsp vanilla extract

You will need a 12 hole muffin tin

To decorate:

100g Ready to roll green Icing
48 mini marshmallows
Black coloured icing pen

Method

To make the cupcakes:

1. Preheat the oven to 180°C / 160°C fan / gas mark 4 and line a 12-hole muffin tin with deep muffin cases.
2. Cream the butter with the sugar until pale and fluffy.
3. Gradually add in the beaten eggs.
4. Add the remaining cake ingredients and Renastep and mix until smooth.
5. Spoon the mixture equally into the muffin cases.
6. Bake for 20 mins or until golden and a skewer inserted into the centre of a muffin comes out clean.
7. Cool for 5 mins in the tin and then transfer the cupcakes to a wire rack to cool completely.

To decorate:

1. Roll the green icing to ½ cm thickness then cut out 12 lots of 4 x 3cm rectangle shapes.
2. Place a rectangle shape on top of a muffin.
3. Add 2 mini marshmallows to make bolts on the neck.
4. Using an a black icing pen mark onto the green icing some eyebrows, nose and a mouth.
5. Cut a mini marshmallow in half and place under the eyebrows.
6. Using the black icing pen, mark 2 black dots for the eyes on the marshmallows.
7. Repeat on each muffin.

Nutritional Information

| Nutrient | | per portion (1 cupcake) |
|------------|---------|-------------------------|
| Calories | kcal | 279 |
| Protein | g | 3.3 |
| Sodium | mg/mmol | 83 / 3.7 |
| Potassium | mg/mmol | 53 / 1.3 |
| Phosphorus | mg/mmol | 99 / 3.2 |

Always check with your dietitian that this recipe is suitable for you.

Dietitians comments:



Renastep is a Food for Special Medical Purposes and must be used under medical supervision. Renastep is a ready to use feed for the dietary management of kidney disease from 3 years of age onwards. Renastep contains **milk** and **fish**.
This recipe has been specifically designed for the dietary management of kidney disease and has been analysed using Nutrizen dietary analysis software. Refer to labels for allergen and other product information.



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